



## **POST TREATMENT CARE**

Congratulations on completing your CoolPeel treatment! CO2 lasers are the gold standard in treating wrinkles, age spots, acne scars, and other blemishes as well as tighten skin and balance too. Damaged skin tissue is removed, or ablated, stimulating new collagen production and heat energy is delivered to tighten skin.

While many advancements have been made to improve side effects of CO2 treatments, only CoolPeel will deliver a fractional ablative treatment with minimal downtime.

### **Post Treatment Care:**

- Patient should feel a warm/sunburn sensation for about an hour post treatment.
- A thin layer of healing ointment should be used on the treated area.
- Keep area hydrated with\_\_\_\_\_.
- Sleep with a clean pillowcase and head slightly elevated.
- Avoid sun exposure, intense workouts and sweating for 48-72 hours.
- Avoid touching or cleaning the area for 24 hours. Once 24-hour period has passed, wash face twice daily with a gentle cleanser.
- Skin should feel rough like sandpaper for 3-4 days post treatment.
- CoolPeel can be repeated on a monthly basis until desired results are achieved.

### **Makeup Application Post Treatment**

It is recommended to leave your skin without any makeup for at least 48 hours. You can then utilize mineral makeup to ensure you maintain clear pores and allow your skin to breathe and heal properly.

### **Downtime**

There is minimal downtime with CoolPeel. You should expect to be a little red, as if you have a sunburn, for a day or two. Your skin may feel dry and scaly as it heals so it is important to keep the skin hydrated.

Moderate to aggressive treatments will have downtime of 5-7 days.