

## **WOUND CARE INSTRUCTIONS FOR BIOPSIES**

1. Clean wound with anti-bacterial soap and water twice a day. If crust develops, soak with a moist gauze.
2. Apply a thin layer of Polysporin or Vaseline to the area twice a day for 7 days – *do not use Neosporin or products containing the ingredient neomycin, as this may cause an allergic reaction.*
3. Cover with a clean band-aid
4. Bleeding is rare, but if it should occur apply direct pressure to the bleeding site for a full 15 minutes without easing up. If the bleeding continues, despite your efforts, please call the office or, after hours call 498-3636 to speak to a Provider. It may be necessary to go to the emergency room.
5. Your biopsy will be submitted to the appropriate lab for analysis and you should receive results within 7 – 10 business days. If the result is benign you will receive a card in the mail, otherwise we will contact you.
6. You will be notified in 7 – 10 business days.

**If you have not heard from our office within 3 weeks either by mail or by phone, please contact the office that you go to for your biopsy results.**

Ft Myers	239-437-8810
Cape Coral	239-443-1500
Naples	239-596-9075
Marco Island	239-642-3337

**We advise a broad spectrum sunscreen covering both UVA and UVB. Look for one of the following ingredients: Zinc oxide, titanium oxide, Parsol 1789 (Avobenzone) with an SPF 30 or higher. Apply sunscreen 20 minutes before leaving home, reapply every 90 minutes.**