

LIQUID NITROGEN TREATMENT AFTER CARE INSTRUCTIONS

You have just been treated with liquid nitrogen. Please care for the areas as follows:

1. Keep area clean with anti-bacterial soap and water.
2. Apply Polysporin or Vaseline twice a day to the area for 7 days. **Do not use Neosporin (may cause allergic reaction).**
3. If a blood blister forms, you may pop it with a clean needle and follow instructions for care as above.
4. You may use a band-aid if needed.

We advise a broad spectrum sunscreen covering both UVA and UVB. Look for one of the following ingredients: Zinc oxide, titanium oxide or Parsol 1789 (Avobenzone) with an SPF 30 or higher. Apply sunscreen 20 minutes before leaving home, reapply every 90 minutes.